



# CANCER HELP CENTER

at the RIO GRANDE CANCER FOUNDATION



## Community Classroom

Nurturing community, classes & events

A Community Service of the Rio Grande Cancer Foundation



## WELLNESS ACTIVITY CENTER

As a therapeutic outlet, we offer free presentations, classes, and support to adult cancer patients, their families, and caregivers. Our J. Leighton Green Jr. Classroom hosts one time classes and events, while our Wellness Activity Center hosts recurring monthly classes. They are designed for educating, encouragement, reducing anxiety, depression, pain, and fatigue. Topics may range from crafting, painting, journaling, pet therapy, foot soaks and sound baths, nutrition and cooking, even gardening.

Our hope is that you will volunteer your services free of charge. If that is not possible, we will attempt to find sponsors to cover your fee. The cost of all materials will be covered by the Rio Grande Cancer Foundation.

### If you are interested in becoming a presenter or teaching a class, please complete the following:

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

Are You Charging a Fee or Will You Volunteer Your Services? If So, What is Your Fee? \_\_\_\_\_

No Fee, I Am Volunteering My Services.

Topic/Title \_\_\_\_\_

Description of Class/Presentation \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommended Class Size \_\_\_\_\_

Materials Needed \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you need A/V equipment set up in the room? Any other specific needs? \_\_\_\_\_  
\_\_\_\_\_

The Wellness Activity Center is open from 10 a.m. to 4 p.m., Monday-Thursday.

The J. Leighton Green Jr. Classroom is available Monday - Thursday, 10 a.m. to 7 p.m., and Saturdays 10 a.m. - 2 p.m.

Please provide your availability so we can add your class to our community calendar.

Day(s) Available to Host Class/Presentation \_\_\_\_\_

Preferred Time to Host Class/Presentation \_\_\_\_\_

Frequency of Class/Presentation \_\_\_\_\_